

**“God’s Gift of Sex”**

Greg Wendschlag July 12, 2020

- Americans think about sex eight times a day and even speak about it in some way five times a day. Men average 9 times a day while women average 7 times a day.
- 65 percent of Americans surveyed felt comfortable talking about their sex lives with others.
- The average American talks to four different people about their sexual adventure.
  - Men’s Health magazine; a Pure Romance study (July 2019)

**What is the purpose of sex?**

1. Intimate companionship

*“It is not good that man should live alone. I will make a helper suitable for him... For this reason, a man will leave his mother and father and be united to his wife, and they shall become one flesh.” Gen 2:18-25*

2. Reproduction

*“So God created man in His own image, in the image of God He created him: male and female He created them. God blessed them and said to them, “Be fruitful and increase in number; fill the earth and subdue it.” Gen. 1:27-28*

3. Pleasure

*“The man said, “This is now bone of my bones and flesh of my flesh; she shall be called woman, for she was taken out of man...God saw all that He had made, and it was very good.” Gen. 2:23; 1:31*

**Men and women are different?**

*“Now as the church submits to Christ, so also wives should submit to their husbands. Husbands love your wives as Christ loved the church and gave Himself up for her...” Eph. 5:24-25*

- We think differently.
- Our desires and needs are different.
- The fulfillment of our desires and needs is different.

**5 Biblical Guidelines for Sexual Satisfaction - 1 Cor. 7:1-9**

1. Don’t have sex until marriage.

*“It is good for a man not to marry. But since there is so much immorality in the world, each man should have his own wife, and each woman her own husband.” 1 Cor. 7:1-2*

2. Keep your marriage exclusive.

*“Each man should have his own wife, and each woman her own husband.” 1 Cor. 7:2*

3. Be responsive to your spouse.

*"The husband should fulfill his marital duty to his wife, and likewise the wife to her husband." 1 Cor. 7:3*

4. Submit to each other.

*"The wife's body does not belong to her alone but also to her husband. In the same way, the husband's body does not belong to him alone but also to his wife." 1 Cor. 7:4*

5. Make sex a habit.

*"Do not deprive each other except by mutual consent and for a time...then come together again so that Satan will not tempt you because of your lack of self-control." 2 Cor. 7:5-7*

### **Jesus is the key for marital satisfaction – Hosea 1-3**

- In the garden man and woman were naked yet clothed.
- Outside the garden man and woman were clothed yet naked.
  
- Our problem came from the first Adam.
- Our solution came from the last Adam.
  
- Our problem came from the first tree.
- Our solution came from the second tree.

The gospel of Jesus Christ is the only power to heal you and provide for all the joy and pleasure God desires for you through exclusive, intimate, fulfilling sex.

*"To Him who loves us and has freed us from our sins by His blood, and has made us to be a kingdom and priests to serve His God and Father—to Him be glory and power for ever and ever! Amen." Rev. 1:5-6*