

Psalms: God's Playlist for the Heart

"Psalm 100: Shout for Joy"

Greg Wendschlag November 8, 2020

"Shout for joy to the LORD, all the earth.

² *Serve the LORD with gladness;
come before Him with joyful songs.*

³ *Know that the LORD is God.
It is He who made us, and not we ourselves;
we are His people, the sheep of His pasture.*

⁴ *Enter His gates with thanksgiving
and His courts with praise;
give thanks to Him and praise His name.*

⁵ *For the LORD is good and His love endures forever;
His faithfulness continues through all generations."*

Psalms 95 – 100 Songs of Praise

95:1 – O come let us sing to the Lord

96:1 – O sing unto the Lord a new song

97:1 – The Lord reigns; let the earth rejoice

98:1 – O sing unto the Lord a new song

99:1 – The Lord reigns; let the people tremble

100:1 – Shout for joy all the earth

Two parts of Psalm 100

1. Call to give thanks vs.1-2
Celebration of His covenant vs.3
2. Call to give thanks vs.4
Celebration of His covenant vs.5

3 Steps to Living in Joy

1. Recognize the benefits of thankfulness.

- Less negativity = More friends
- Less comparing = More self-confidence
- Less worry = More freedom in Jesus
- Thanklessness robs you of blessings
- Thanklessness blinds you to the opportunities
- Thanklessness obscures the ultimate grace-plan of God
- Thanklessness either doesn't understand or doesn't want to receive the love of God and others.

"Dullness is not a fruit of the Spirit!"

2. Reject the enemies of gladness.

- Enviously comparing ourselves with others
- Coveting the things that someone else has
- Seeing every situation in light of yourself
- Looking on the dark side of every situation
- Considering the mercies of God as ordinary and therefore not thanking Him

Why is gladness so rare?

- Emphasize past sin over current forgiveness
- Emphasize current work over completed freedom in Christ
- Emphasize past grief over current grace of God
- Emphasize potential problems over present promises

“How uninspiring to a dying world to offer death on your face!”

3. Cultivate a heart of praise.

- Recognize worship is instinctual to every Christian.
- Saturate your mind with the attributes of God.
- Learn and grow daily: Life is short; make the most of it!
- Notice the little things and thank God for them.
- Live with an eternal perspective: This world is not your home!

“If your flowers have no honey, be glad for the wax!”

“To Him who loves us and has freed us from our sins by His blood and made us a kingdom and priests to serve His God and Father -- to Him be glory and power forever and ever! Amen.” Revelation 1:5-6