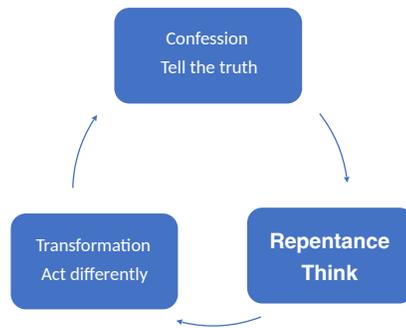


5 Essentials of Wholeness: Repentance

Greg Wendschlag March 12, 2023

Repentance – Mind change that abandons former beliefs and results in new behavior/think differently

- Confession tells the truth about feelings, thoughts, beliefs.
- Repentance is receiving God’s truth about your feelings, thoughts, and beliefs.
- Transformation is acting on God’s truth.



*“Do not conform to the pattern of this world but be transformed by the **renewing of your mind**. Then you will be able to test and approve what God’s will is—his good, pleasing, and perfect will.” Rom. 12:2*

The Great Exchange

- Old thinking = Pattern of this world/false beliefs
- New thinking = Mind renewal/change to truth
- Transformation = Know God’s will/think like God thinks

Life is less about doing fewer wrong things but about believing fewer lies. We will act on false beliefs. We will also act on true thoughts. When we focus on wrong actions vs wrong beliefs, we avoid the source and wonder why we aren’t happy even though we’re doing a lot of good things. The Pharisees were miserable obeying the law because they believed all the wrong things! The work is to believe. Jn. 6:29

What does true repentance look like?

“Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death. ¹¹ See what this godly sorrow has produced in you: what earnestness, what eagerness to clear yourselves, what indignation, what alarm, what longing, what concern, what readiness to see justice done.” 2 Cor. 7:9-11

- Repentance and remorse are not the same.
- Remorse makes you feel sorry and leads to death: Judas
- Repentance is believing new thoughts, it leads you to take positive action: Peter

Thoughts while we pray:

1. Confess to God your truth about your feelings, thoughts, and behaviors.
2. Ask God what He wants you to know about your feelings, thoughts, and behaviors.
3. Receive what God says with confidence and joy.