

## Oxygen of the Kingdom: Forgiving One Another

Greg Wendschlag May 12, 2024

Anyone you forgive, I also forgive. And what I have forgiven—if there was anything to forgive—I have forgiven in the sight of Christ for your sake, in order that Satan might not outwit us. For we are not unaware of his schemes." 2 Cor. 2:10-11

## What Forgiveness Is Not:

- 1. Forgiveness isn't forgetting what happened.
- 2. Forgiveness isn't minimizing the seriousness of the offense.
- 3. Forgiveness isn't conditional.
- 4. Forgiveness doesn't require you to restore trust and resume the relationship.
- 5. Forgiveness doesn't require the other person ask for it before you give it.

## What Forgiveness Is:

1. Canceling a debt.

"It is finished..." Jn. 19:30

2. Cutting off all ties of bitterness between me and the one who offended me.

See to it that no one misses the grace of God and that no bitter root grows up to cause trouble and defile many." Heb 12:15

3. Relinquishing my right to get even and responding with kindness.

"Do not take revenge, my friends, but leave room for God's wrath, for it is written: "It is mine to avenge; I will repay," says the Lord. On the contrary: "If your enemy is hungry, feed him; if he is thirsty, give him something to drink." In doing this, you will heap burning coals on his head. Do not be overcome by evil but overcome evil with good."

Rom 12:18-21

## How to Forgive:

- **Self-Evaluation:** Ask yourself why you were offended.
- Accept: Accept that no matter how angry you get, it will not change the past.
- Confession: Honestly confess the negative/painful feelings and thoughts to God.
- Guidance: Ask God what He wants you to know and what He wants you to do?
- **Compassion:** Ask yourself what is broken inside of the other person.
- Release: Recognize the damage inside of your heart and mind; release the person to the Lord.
- **Pray:** For the person who offended you.
- **Learn:** Ask God what have you learned from the situation?
- Repeat

Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you." Col 3:13